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| Draw one large organic shape             | Make circles                                   | Add three pieces of collage paper                                       |
| Scribble some lines                      | Splash paint or ink                            | Find a curve and add a hard angle                                       |
| Find a hard angle and add a curve        | Add black                                      | Add white   |
| Add two different shades of blue         | Draw dots                                      | Add two different shades of green                                       |
| Add two different shades of red          | Add two different shades of yellow             | Add two different shades of purple                                      |
| Add two different shades of orange       | Mix three different colors and add to the page | Add splashes or sprays  |
| Draw a long line with a mark making tool | Use a stencil                                  | Draw something on the other side of the page from where you last marked |
| Add dashes, dotted lines, or hash marks  | Draw a small organic shape                     | Draw some blobs and color them in                                       |
| Make a stencil from paper and use it     | Make a hard edge with a ruler or paper edge    | Draw a shadow   |
| Use gel sticks                           | Use markers                                    | Use a graphite or colored pencil  |
| Add an abstract item from nature         | Make a mark that starts and ends over an edge  | Add black   |
| Add black                                | Add white                                      | Add white   |
| Add a neutral color                      | Add brown                                      | Add brown   |
| Add a neutral color                      | Add circles                                    | Add lines   |

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|---|---|---|
| Add dots  | Add a pattern                                     | Add a pattern   |
| Scribble or handwrite                               | Add light over dark                               | Add light over dark   |
| Add dark over light                                 | Draw or paint 3 shapes with the non dominant hand | Add ink   |
| Cover a portion of a shape with a contrasting color | Scratch or add grooves with a palette knife       | Add texture with a household item (sponge, bubble wrap, mesh, etc.) |
| Dry brush   | Fluid paint                                       | Dry brush   |
| Fluid paint   | Use oil pastels                                   | Use oil pastels   |
| Make marks with brush handle in wet paint           | Color a highlight                                 | Color a highlight   |
| Color a shadow                                      | Keyword: Clouds                                   | Keyword: Flow   |
| Keyword: Open                                       | Keyword: Spread                                   | Keyword: Minimalism   |
| Keyword: Empty                                      | Keyword: Dark                                     | Keyword: Serene   |
| Keyword: Whimsy                                     | Keyword: Light                                    | Keyword: Hard   |
| Keyword: Growth                                     | Keyword: Opposites                                | Keyword: Broken   |
| Keyword: Flourish                                   | Keyword: Hidden                                   | Keyword: Busy   |
| Keyword: Space                                      | Keyword: Variety                                  | Keyword: Gritty   |